

Basic Hygiene Rules

Staff Personal Hygiene

Staff are required to be a good role model to children at all times.

- Hand washing needs to be frequent and thorough.
- Always cover cuts with a plaster
- Keep hair tied back whenever possible.
- Shoes should be flat.
- Earrings should be small and practical.
- Nose piercing should be small stud.
- Jewellery should be kept to a minimum.
- Other facial piercings should be removed.
- Clothing should be clean and presentable.
- Staff should use appropriate disposable aprons and gloves to protect their own health where applicable:
 - Nappy changing - plastic disposable aprons and gloves.
 - First Aid - latex disposable gloves.

Children's Personal Hygiene

Staff should help children to achieve:

- Basic good toilet / hand washing routines.
- Personal hygiene in all areas to prevent the spread of germs e.g. hand over mouths when coughing or using tissues correctly to wipe noses.