



Rashes and Skin Infections

Parents are requested to adopt the exclusion recommendations as detailed below in the interests of other children, staff and all families concerned.

MINIMUM PERIODS OF EXCLUSION FROM THE NURSERY

Rashes and skin infections	Recommended period to be kept away from school, nursery or childminders	Comments
Athletes foot	None	Athlete's foot is not a serious condition. Treatment is recommended
Chickenpox	Until all vesicles have crusted over	See: <i>Vulnerable Children and Female Staff - Pregnancy</i>
Cold sores, (Herpes, simplex)	None	Avoid kissing and contact with sores. Cold sores are generally mild and self-limiting
German measles (Rubella)*	Four days from onset rash (as per "Green Book")	Preventable by immunisation (MMR x2 doses). See: <i>Female staff - Pregnancy</i>
Hand, foot and mouth	None	Contact the Duty Room if a large number of children are affected. Exclusion may be considered in some circumstances
Impetigo	Until lesions are crusted and healed, or 48 hours after commencing antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period
Measles*	Four days from onset of rash	Preventable by vaccination (MMRx2). See: <i>Vulnerable Children and Female Staff - Pregnancy</i>
Molluscum contagiosum	None	A self-limiting condition
Ringworm	Exclusion not usually required	Treatment is required
Roseola (infantum)	None	None
Scabies	Child can return after first treatment	Household and close contact require treatment
Scarlet fever*	Child can return 24 hours after starting appropriate antibiotic treatment	Antibiotic treatment is recommended for the affected child. Contact duty room if more than 1 child affected
Slapped cheek (fifth disease or parvovirus B19)	None once rash has developed	See: <i>Vulnerable children and female staff - pregnancy</i>
Shingles	Exclude only if rash is weeping and cannot be covered	Can cause chickenpox in those who are not immune i.e. have not had chicken pox. It is spread by very close contact and touch. If further information is required contact the Duty Room. SEE: <i>Vulnerable Children and Female Staff - Pregnancy</i>
Warts and verrucae	None	Verrucae should be covered in swimming pools, gymnastics and changing rooms

Extract from 'Guidance on infection control in schools and other child care settings' issued by the Health Protection Agency 2016 (Tel: 02076548000).